

Older Peoples Partnership Board (OPPB)

Monday 11th December 2023, 11-1pm, Hybrid Zoom meeting at The Maple Centre, Oak Drive, Huntingdon PE29 7HN. (Independent members pre-meeting 10.30am).

Useful Acronyms

ASCF – Adult Social Care Forum

CCC – Cambridge City Council

PCC – Peterborough County Council

ICB – Integrated Care Board

ICS – Integrated Care System

ILS – Independent Living Service

What We Discussed

- 1) Welcome, Introductions and Apologies – Margaret Moffatt, Vice Chair
- 2) Independent Member Feedback:
 - Delays for prescribed procedures at Surgeries
 - NHS Dentist provisions.
- 3) Health & Wellbeing of Nepalese People in Peterborough, Barsha Belbase (no attendance or apology. **ACTION: GL to investigate & reschedule for future meeting**)
- 4) Presentation: Voluntary Sector Alliance – Lynette Hurran, Programme Director
- 5) Healthwatch Health & Care Forums and ASCF Meeting Updates – Graham Lewis
- 6) Older Peoples Services Update – Sara Culbert CCC and Belinda Child, PCC
- 7) Falls Prevention Strategy – Helen Tunster
- 8) Mon 11th Sept 23 notes, Action Log Updates & Highlights for ASCF – Graham Lewis
- 9) Any other business – Date of next meeting Mon 11th March 2024. Venue tbc.

1) Welcome, Introductions and Apologies – Margaret Moffatt, Chair

Margaret Moffatt OPPB Vice Chair (Brian Walker sent apologies) and Graham Lewis, Healthwatch welcomed all, followed by introductions and apologies. Rebecca Spalding-Green requested permission to record the meeting for the purpose of the minutes only.

2) Independent Member Feedback

Delays for prescribed procedures at Surgeries

PMC, long delays in surgeries between doctors prescribing services and GPN 's (general practice nursing) delivering them. A patient prescribed blood test as cancer marker test and waited 4/5weeks for the procedure (raised at Riverside Surgery PPG).

NHS Dentist Provisions

MM, in 'My Dentist' Surgery St Ives, dentist went on maternity leave and have been unable to recruit since, so unable to take anymore NHS patients on.

ACTION: Share both pieces of feedback with Information and Signposting Team.

3) Health and Wellbeing of Nepalese People in Peterborough, Barsha Belbase

(no attendance or apology. Action: GL to investigate & reschedule for future meeting)

4) Presentation: Voluntary Sector Alliance (VSA) – Lynette Hurren, Programme Director (and Deputy CEO Age UK Peterborough & Cambridgeshire)

- Age UK Cambs and Peterborough, Care Network Cambs and Caring Together are bringing together their expertise to support more people to leave hospital safely, aid independence, and avoid unnecessary hospital admissions/ re-admissions.
- All recognizing the need for a co-ordinated single point of access for patients, carers, and health professionals to easily access local voluntary and community support.
- The alliance is funded by the Cambridgeshire & Peterborough Integrated Care (ICS) to develop its operating model and programme of support during 2023/24, which will improve the integration and coordination of services for our population.
- Trained and launched with discharge team in Addenbrookes end of November 2023, training is happening with Hinchingsbrooke staff mid December 2023 and training & launch planned for Peterborough City Hospital January 2024.
- See full presentation circulated for further info on the impact of delayed discharges on patients & hospitals and what are aiming to provide people and the system.

Comments, Questions and Answers

Q Great work, especially working together to prevent issues. Will Caring Together be offering longer support for unpaid carers in emergency situations?

A What If? Plans Duration is being discussed in the Recommissioning Adult Carers Contract work, as often the What If? Plans are activated multiple times, suggesting current length of 3 days is insufficient and needs increasing to 5 days.

Q In 2024 PCC tendering for new home care service, is there anything to consider in terms of how homecare providers should be working with the VSA?

A Currently don't have much interface with home care providers, but can look into.

Q Volunteer saturation, is this a concern for this work?

A Monitoring closely but with most support being provided by staff, concerned that will reach capacity quickly. Currently regularly reviewing with money available for further staff recruitment (only been going 2 weeks so too early to say yet). Hoping single point access, will enable clearer demand visibility with lots of background work focusing on early planning rather than reactive use of resources.

➤ Alzheimer's Society have 3 dementia advisors (1 in Addenbrookes, Hinchingsbrooke & Peterborough City Hospital) supporting families with loved one in hospital. Also have 'Intense Support Service' designed to safely bring people with dementia out the hospital, to give families strategies and knowledge needed to avoid repeat hospital readmissions.

➤ ACTION: Lynette email presentation to GL and GL circulate to OPPB members.

5) Healthwatch H & C Forums and ASCF Meeting Updates– Graham Lewis Healthwatch Health & Care Forums Updates– Rebecca Spalding-Green

Public meetings taking place every 2months, bringing together service users and service providers – like the hospital trusts, care teams and the ambulance service. Discussing different topics, wanting to hear local people views about how things are working. If you would like to join regular mailing lists for any of the Health and Care Forums, let us know.

Peterborough Forum – 28th September, The Fleet Centre, Peterborough, PE2 8DL.

- ✓ Presentation from Cambridge University Hospital, Cancer Research.

Cambs & South Cambs Forum – 4th Oct, 10-12, Cherry Trees Club, Cambs, CB1 2LT.

- ✓ Presentation on the development of the Cambridge Children’s Hospital.

Fenland and East Cambs – 12th October 10-12, Queen Mary Centre, Wisbech, PE13 2PE

- ✓ Healthwatch Integrated Neighbourhood and doctor/ patient groups project.

Huntingdonshire Forum – 7th November, Great Stukeley Village Hall, PE28 4AQ.

- ✓ Cornerstone Pregnancy Advice & Service Presentation.

Peterborough – 23rd Nov 2023, 10-12, The Fleet Centre, Peterborough, PE2 8DL.

- ✓ Scams – Dave York, Fraud & Cyber Security, Cambs Constabulary.

Cambs & South Cambs – 6th Dec 2023, 10-12, Online Via Zoom.

- ✓ Karen Igho – Healthwatch doctor/ patient groups project.

Upcoming Health and Care Forums

- Fenland and East Cambs – 14th Dec, 10-12, Queen Mary Centre, Wisbech, PE13 2PE.
- Huntingdonshire – 9th Jan 2024, 2-4pm, Great Stukeley Village Hall, PE28 4AQ.
- Peterborough – 25th Jan 2024 2023, 10-12, The Fleet Centre, Peterborough, PE2 8DL.
- Cambs & South Cambs – Weds 7th February 2024, 10-12, Venue To be confirmed.

Visit: [Events | Healthwatch Cambridgeshire](#) or [Events | Healthwatch Peterborough](#) for more info.

Adult Social Care Forum (ASCF)

- Discussed the Partnership Boards and the other organisations set priorities, including:
- **Loneliness** – investigating and doing more to share good existing information.
- **Digital exclusion** – Healthwatch held a round table event with Will Plant, Head of Combined Authorities Digital Inclusion.
- **Cost of Living Crisis** – Sharing updates/ opportunities for people to get extra support.
- **Intervention & Prevention Services** – Raising awareness, encouraging early uptake across Cambs and Peterborough, by sharing examples of when to make contact.
- Met new Executive Directors of Care in Cambridgeshire and Peterborough.

6) Older Peoples Services Update – Sara Culbert, CCC and Belinda Child, PCC Sara Culbert (attending on behalf of Sherri Freed) Cambridgeshire County Council

- Following Cambs/ Peterborough separation Sherri Freed replacing Kristin Clarke.

- Pressures remains high with waiting lists continuing to increase. Trying to manage risks, prioritising cases across the service countywide.

Belinda Child, Adult Social Care Operations Peterborough City Council

- Following Cambs/ Peterborough separation Belinda Child replaces Elaine Parks.
- BC explained her focus is early intervention and prevention, so could do a reminder about that service area in future meeting? Encouraged OPPB members to share what they would like to hear updates about and how BC can make a difference.

Q GL asked what are the waiting times for initial referral into early intervention?

A Demand for Social Care is unprecedented ie front door for Peterborough City Council takes on average 3500 calls a month. However extra resources put in have helped reduce the list (and have been dropping for last 6 months). At the moment initial referral waiting time is 5 weeks, with an active triaging service in waiting period.

A Working to get the crucial message that ‘the sooner we know about an individuals needs the better the options we have, so make us aware before they fall into crisis as once in crisis, options are limited’.

6) Monday 11th September notes and Action Log Updates – Graham Lewis

- **58) 59) 60)** (Access to GP Surgeries, Rural Community Transport Work and Cost of Living) the boards 2023 priority work areas continues. GL inviting Gavin Moulton, Combined Authority, to attend a meeting and update on community transport.
- **62)** GL in discussions with social prescribers to attend and discuss their work.
- **63)** Concerns about long waiting times in Peterborough for Adult Social Care assessments. GL advised average wait time in September was 16 days.
- **65)** Inviting Care Together to meeting, to explain Community Micro- Enterprises.
- **66)** Recruitment for new members of the OPPB, GL to follow up with Melanie Pittock (Age UK) and Wendy Dunn (Alzheimers) for joining groups with OPPB.
- **67)** OPPB new independent members recruitment through promoting in District Council newsletters, shared with Healthwatch Communications Team.

7) Falls Prevention Strategy – Helen Tunster

- Attended OPPB last year to discuss a Falls Prevention Strategy, that was a 1 year Covid recovery type plan to get the ball rolling and partners working together.
- Actions identified from this 1 year strategy are in the process of being approved by the Peterborough and Cambridgeshire Council committees and Integrated Care System to form the new 3/4 year Falls Prevention Strategy.

Same Priorities as last years Fall Prevention Strategy

- 1 – Prevention and early identification of people at risk of falls
- 2 – Evidence based and good practice falls prevention interventions and services
- 3 – Action to address risk in hospital

- 4 – Action to address risk in care homes
- 5 – Detection and management of fragility fracture
- 6 – Inclusive and accessible falls prevention services

Helen then explained the primary, secondary, Addenbrookes Hospital, Care Homes, Osteoporosis & Bone and Inclusive Service actions raised around each priority.

ACTION: Helen to share presentation and strategy document, GL to then circulate.

Comments, Questions and Answers

- Q** WD, Alzheimer's Society asked if there would be any information packs available to distribute to carers, especially regarding exercise suggestions?
- A** Not sure what is available for this cohort, but could work on something together.
- Q** Cambridge City Council have funding from ICS for frailty work. Working with them?
- A** One of actions is to partner up with other organisations so in regular communication, recently discussing development of their work on physical activity in older adults.
- Q** People at risk in this category often also digitally excluded. Paper copies available?
- A** No, doctor surgeries prefer electronic copies but will look into this.

8) Any Other Business

Date of next meeting

Date: Monday 11th March 2024

Time: 11am to 1pm, Pre-meeting for Independent Members from 10am.

Venue: Venue to be confirmed. Planning Older People Partnership Board to be more 'on tour 2024', joining and attending other groups, day centres and events to engage with more older people across Cambridgeshire and Peterborough.