

Older Peoples Partnership Board

Monday 12th June 23, 11am–1pm, Independent members pre-meeting from 10am.
Hybrid (via Zoom) held at City College, Brook Street, Peterborough PE1 1TU.

Useful Acronyms

ASCF – Adult Social Care Forum
ICB – Integrated Care Board
ICS – Integrated Care System
ILS – Independent Living Service
CCC – Cambridge City Council
PCC – Peterborough County Council

What We Discussed

- 1) Welcome, Introductions, Apologies and Housekeeping.
- 2) Feedback from Independent Members.
- 3) Accommodation Strategy – Alison Bourne, Commissioning Manager, CCC
- 4) Feedback from other meetings – ASCF and Healthwatch Health & Care Forums,
- 5) (No attendance) Older Peoples Services Update – Kirstin Clarke or Elaine Park.
- 6) Older People’s Partnership Board future meetings.
- 7) Recap of previous meeting Monday 13th March 2023 and Action Log Updates.
- 8) Summary of highlights identified during the meeting for Adult Social Care Forum.
- 9) Any Other Business – Age UK Update and Alzheimer’s Society Update.

1) Welcome, Introductions, Apologies and Housekeeping – Chair, Brain Walker

Brian Walker, Chairman and Graham Lewis, Healthwatch welcomed everyone to the meeting, introductions and apologies. Rebecca Spalding-Green requested permission to record the meeting via Zoom/ on a Dictaphone for the purpose of the minutes.

2) Feedback from Independent Members – End of Life Care, Hinchingsbrooke

SE visited a friend at Hinchingsbrooke Hospital, inside room off Cherry Tree Ward. He looked presentable and cared for but during her visit no one came into the room, to check on him or the situation. It felt like he was placed in a side room, door was shut and he was dumped in there and left to die. SE felt privileged to be there for her friend but questioned whether the staff were so busy they didn’t feel a nurse needed to be spared to check on patient or visitors, when they knew he was going to die. Concerned many visitors would not have had the life experiences SE has had to assist her to cope in these difficult situations. **Action: Feedback to Healthwatch Information and Signposting Team.**

Accommodation Strategy – Alison Bourne, Commissioning Manager, CCC

- Cambridgeshire: District Councils responsible for housing, County Councils Social Care. Accommodation Commissioning covers a wide range from minor support independent living to people with high needs living in care homes.

Older Peoples Accommodation Needs Assessment

- Focus on the increasing 65 years+ population in area (fastest rising age group). Used the 'District Demand Profiles work that presented shared forecast demand for Older People's accommodation and domiciliary care in each of the 5 Cambridgeshire districts and Peterborough City'.
- The Commissioning Strategy is aiming to offer a mixed care market, with different delivery models offering choice to people. For people to live in their own homes where possible, whilst providing housing with care solutions to ensure all peoples needs are supported. In East Cambs for example, currently 556 registered care home beds anticipating will rise to 631 beds in next 15 years. Not a big rise, in comparison to the fast-increasing aged population. People who traditionally would have gone into a care homes will have their needs met differently ie Extra Care schemes whereby individuals have their own tenancy agreements, own front door, 1 or 2 bedrooms, living room, kitchen, accessible bathroom with shared communal dining area and care team on site 24/7.

Revamping this information, encouraging discussions and peoples thoughts

- Q Asking what care and support will be needed in the future?
- Q For retirement village developers, what should be included/ what is needed?
- Q How do we let people know what options are available? (ie many people aren't aware of Extra Care etc).

Comments, Questions and Answers

- ✓ MP A lot of people are happy to stay at home and pay for services, often services are not available in their local community because care staff are not valued enough.
- ✓ AB mentioned Care Together where micro enterprise businesses are starting up to provide local support in assisting people live independently. (ie pet care, gardening and cleaning services) **Action: Invite Care Together to future meeting for update.**

Affordability

- SE some people turn down help as feel can't afford the cost of care. FS added there is an issue with people not wanting to let go of their wealth or perceiving residential accommodation/ sheltered housing as preferred affordability.
- AB encouraged anyone with these or cost of living concerns to call the District Council to find out what they might be entitled too. (For example Attendance

Allowance, many people are entitled to but don't claim). The Councils are working on educating more people, focusing on younger older people so better informed.

Dementia Impact

- Q** WD, increase in long term carers passing away and person with dementia no longer safe to stay at home. Where does the Independent Living Service fit in?
- A** Independent Living Services aims to support people in their own homes for as long as safely possible. For example people can move in, even with advanced needs, would have a smaller room that could be configured to suit the persons needs ie kitchen facility can be removed so no fire risks. Or Extra Care strategy, if individuals needs change from low to higher, more complex needs, further support would be offered, before considering residential care homes.
- × Sheltered Housing has been good at slowing down the progression of dementia, through providing people with meaningful activity to keep them happy, healthy and active in their own communities. Seeing quicker deterioration, with more people ending up in residential care homes earlier than before.

Sheltered Housing, Loneliness and Changing Needs

- MP explained the demand for Age UK services in sheltered housing is at highest level. People reporting selling and moving into sheltered accommodation because they feel lonely and disconnected from community. However after moving into sheltered housing people feelings more isolated than ever.
- AB agreed Sheltered Housing Services have changed, with a bigger focus now on Extra Care where people are under one roof with care team available 24/7.
- More younger older people (ie 60years+) are moving into sheltered housing, with very different needs ie many are still working, still using a car, so more carparking spaces are needed. Also less time in communal areas being spent.
- MP mentioned Age UK provides 20 Community Warden Services, and visit sheltered schemes. [Age UK Cambridgeshire and Peterborough / Community Wardens.](#)

Thanking the board for their feedback, AB encourage all to email her with any additional comments and questions. alison.bourne@cambridgeshire.gov.uk

3) Feedback from other meetings: Adult Social Care Forum – Graham Lewis

- Discussed the various Partnership Board 2023 priorities. Highlighting the different task & finish groups. Continuing to prioritise communications.
- Reviewing letters people receive from social care and online contact forms, for early help website that for the public are difficult to understand.
- The Council's Recognition Policy has been drafted, focused on how to appropriately recompense people for volunteering their time and efforts.

Healthwatch Health & Care Forums Updates – Graham Lewis

- Public meetings every 2 months, bringing together service users and service providers: hospital trusts, care teams and the ambulance service. Discussing different topics, wanting to hear local people views about how things are working. If you would like to join regular mailing lists for the Health and Care Forums, let us know or email Rebecca.spaldinggreen@healthwatchcambspboro.co.uk.
- **Cambridge and South Cambridgeshire Health and Care Forum** – had an interesting presentation from Herts Urgent Care (HUC) about NHS 111 and Cambridge Cancer Research Hospital NHS Trust gave an update on their plans.
- **Peterborough Health and Care Forum** – Thursday 25th May 2023, 10–12. Foyle Room, The Fleet Community Centre (ICA), Fletton, Peterborough, PE2 8DL. Presentations from Disability Peterborough and the NHS Reservists.
- **Cambridge and South Cambs Health and Care Forum** – Wednesday 7th June 2023, 10–12, Cherry Trees Club, St Matthew Street, Cambridge. Agenda tbc.
- **Fenland and East Cambs Health and Care Forum** – Thursday 8th June 2023, 10–12. In person meeting at the Queen Mary Centre, Wisbech, PE13 2PE. Agenda tbc.

4) Older Peoples Services Update – Kirstin Clarke/ Elaine Park

No attendance or apologies. **Action: GL to contact and chase up.**

5) Older People's Partnership Board Future Meetings

Since Covid opted for hybrid meetings to suit majority of peoples needs. GL asked if this needed reviewing as most people are attending the meeting online. Also noted hearing less feedback, from fewer independent members, so looking at recruitment options.

- ✓ Margaret Moffat previously suggested attending other older people groups and then feeding back peoples experiences to the Partnership Board. Idea agreed, as if unable to do face to face meetings in these harder to access, rural areas, at least still hearing from these people who are otherwise more isolated.
- ✓ MP mentioned anywhere commissioned by County Council had introduction of ventilation monitors following Covid, which limits the number of people who can attend (has caused waiting lists). Although smaller groups attending, still meet regularly and engage with visitors/ new topics with enthusiasm. Peterborough has 11 friendship groups with no ventilation rules. **Action: GL and MP to arrange.**
- ✓ WD, people with dementia don't have confidence to talk in group settings, instead suggested virtual carers group members and people with dementia meet GL or independent members for individual chats. **Action: GL and WD to discuss further.**
- ✓ FS publicity available through District Councils newsletters. **Action: GL investigate.**

6) Notes for 13th March 2023 recapped and Action Log Updates – Brian Walker

Had discussions on Voy E-Scooter trials, shared footpath concerns and accessing GP appointment issues. GL giving a presentation to Active Travel England on issues raised in the Partnership Boards regarding how peoples ability to travel is being limited.

- **58)** 2023 Priority – Access to GP Surgeries. Points raised in 13/3/23 meeting, (in Jo Fallons absence) were feedback. JF following up, using info to influence change.
- **59)** 2023 Priority – Rural Community Transport concerns. Invited Gavin Moulton, (Combined Authority) to discuss in future meeting.
- **60)** Priority 2023 – Cost of living. Continuing to circulate relevant information.
- **62)** GL in discussions with social prescribers to attend and discuss their work.
- **63)** Flagging length of waiting times in Peterborough Adult Social Care. March 2023 waiting time from referral to assessment 6 weeks, versus 10days in Cambs.

7) Summary of highlights identified during the meeting for ASCF – Graham Lewis

- 1) SE friends Hinchingsbrooke Hospital end of life ward experience, ensuring feedback is shared with the head nurse to inform and educate staff.
- 2) Day Opportunities commissioned by Cambridgeshire Social Care having air quality ventilation monitors reducing the number of people allowed to attend at any one time, causing waiting lists and increasing isolation.

8) Any Other Business

Age UK Update – Melanie Pittock

Voluntary Sector Alliance launched – a union of Age UK Cambs and Peterborough, Care Network, and Caring Together, with plans to include many more organisations. Received funds from ICB to collaborate on Hospital Discharge Services. Initially working together in creating and implementing simple triaging service to help health professionals easier access services. Aiming to increase the capacity of support for people discharged from hospitals and increase capacity for admission avoidance.

Alzheimer's Society Update – Wendy Dunn

WD Alzheimer's Society received money from ICB to have members of staff working in hospitals helping with discharge and readmission prevention.

Date of next meeting

Date: Monday 11th September 2023

Time: 11am to 1pm, Pre-meeting for Independent Members from 10am.

Venue: Hybrid, Venue to be confirmed.