



# **Cambridgeshire and Peterborough Learning Disability Partnership Board Meeting Notes**

**Thursday 7<sup>th</sup> December 2023, 10.30am – 1pm.**

**Hybrid, Zoom.**

**Peterborough City College, Brook Street,  
Peterborough, PE1 1TU.**



# Useful Acronyms

- **ASCF** – Adult Social Care Forum
- **CCC** – Cambridge City Council
- **CQC** – Care Quality Commission
- **DSC** – Disability Social Care
- **ICB** – Integrated Care Board
- **ICS** – Integrated Care System
- **LDSHPB** – Learning Disability Sub Health Partnership Board.
- **LDP** – Learning Disability Partnership
- **NWAFT** – North West Anglia Foundation Trust  
(Hinchingbrooke, Peterborough & Stamford Hospitals)
- **PCC** – Peterborough County Council
- **SOC** – Speak Out Council

# 1) Welcome and Introductions



## 1) Who is here? **In person**

- Graham Lewis – Today's Chair
- Amanda Duffin
- Simon Howard
- John Donnelly (Independent Member)
- Rebecca Spalding-Green (Healthwatch)
- Travis Mclennon (Access Champion)



**Welcome**

## **New Peterborough Speak Out Team**

- Helen Delaney – Speak Out Facilitator
- Assunta Genovese – Speak Out
- George Manly – Speak Out Leader
- Rachel Hamilton (Connections Volunteer)

# 1) Welcome and Introductions



## 1) Who is here? **Joining Online...**

- Debbie Drew (Hunts Forum/ Parent Carer)
- Fay Boans (Commissioning Officer)
- Fiona Dawson (LDP-Cambridge CC)
- Jill Johnson (Learning Disability Partnership, CCC)
- Joseph Simon (Parent Carer)
- Michelle Mansfeild (Independent)
- Toni Bawden (Cambridge Commissioner)

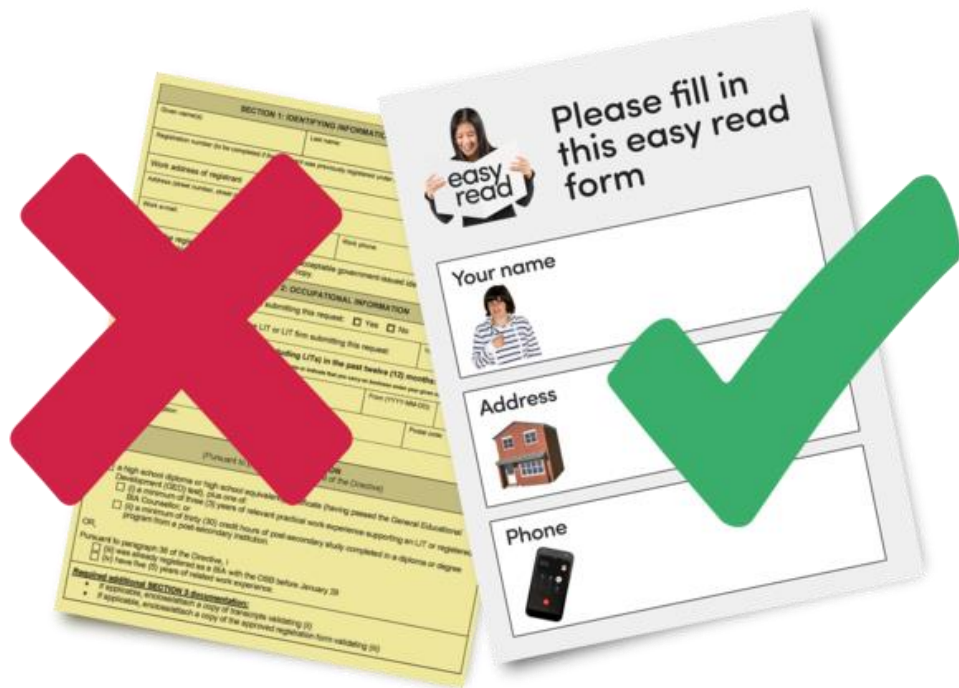
## **Couldn't make it...**

- Cambridge Speak Out Team
- Bianca Cotterill (Pinpoint/ Parent Carer)
- Dennis Pinshon (Parent Carer)



## 2) People with Learning Disabilities and/or Autism and Carers Feedback

### What we have to say... Debbie Not received letters



- Not received letters on Cambridgeshire County Council and Integrated Care Board (ICB) Partnership changes.
- Email sent out not good easy read.
- Invited to a meeting at too short notice.



**ACTION:** Jill Johnson will pass feedback to comms about easy read and look into LDPB mailing list.

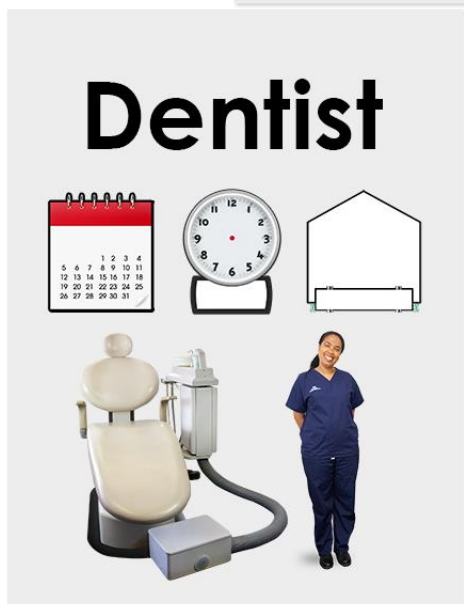
## 2) People with Learning Disabilities and/or Autism and Carers Feedback



### What we have to say... Debbie Dentist Cancellations



- Hinchingsbrooke Specialist Dentist Service cancelled appointment 4 times, so over a year since booked.



- Michelle got emergency dentist appointment given temporary filling, told long wait for permanent filling appointment (still got toothache).

## 2) People with Learning Disabilities and/or Autism and Carers Feedback



### What we have to say... Debbie Meeting Notice too short

- Adult Health Committee wanting to involve people with learning disabilities to come and talk about ways to improve peoples health.
- A few weeks is not enough notice given to get people with lived experience involved.



## 2) People with Learning Disabilities and/or Autism and Carers Feedback

### What we have to say... Travis Concessionary Bus Passes

- Helen – Bus drivers still not letting people on with passes from 9.30am when they should.
- Since Combined Authority took over, process is more complicated.
- Told to go to libraries, but many libraries don't have staff or are able to do it.
- Rude service on the phone, given wrong information and no easy read paperwork.





## 2) People with Learning Disabilities and/or Autism and Carers Feedback Continued

What we have to say...

### Concessionary Bus Passes Service



- Difficulty getting new/ replacement bus passes is affecting peoples ability to get to health/ social services needed.

**ACTION:** Health Subgroup talk about how hard it is to get a letter from doctor for bus pass.

**ACTION:** Invite Metro Mayor Nick Johnson (will want to listen with voting coming up).

**ACTION:** GL to invite Combined Authority to April meeting.



# 3) Speak Out Council Updates



## Speak Out Peterborough – Helen

- 2 New leaders starting in 2024, George attending today.

## Speak Out Cambridgeshire Team

- Spending the day together (first meeting since Elspeths death).

- Their report was read out. **ACTION:** GL to email a copy after meeting.

- MM Thanked the Speak Out Council Team for their report. Saying our thoughts were with them.

Speak Out Council  
Peterborough and  
Cambridgeshire



# 4) LDPB Health Sub Group Meeting



## Delaying What?

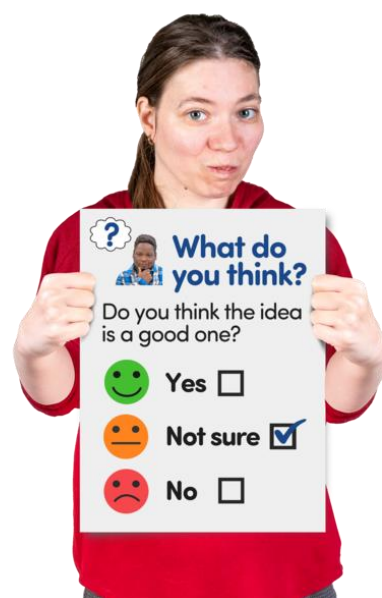
Hearing update from Learning Disability Health Sub Group November meeting

## Changing to?

Will talk about at next LDPB meeting in 2024

## Why?

So Cambridgeshire Speak Out can hear update and give feedback.





# 5) Campaign about Heart Health Checks – Simon Howard and Amanda Duffin



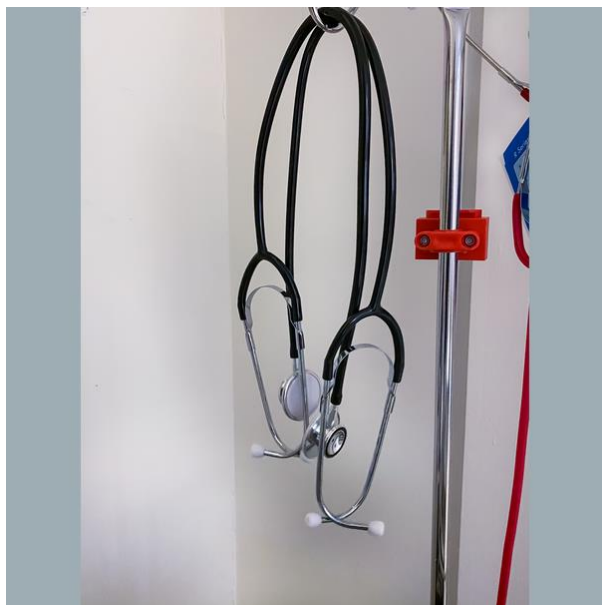
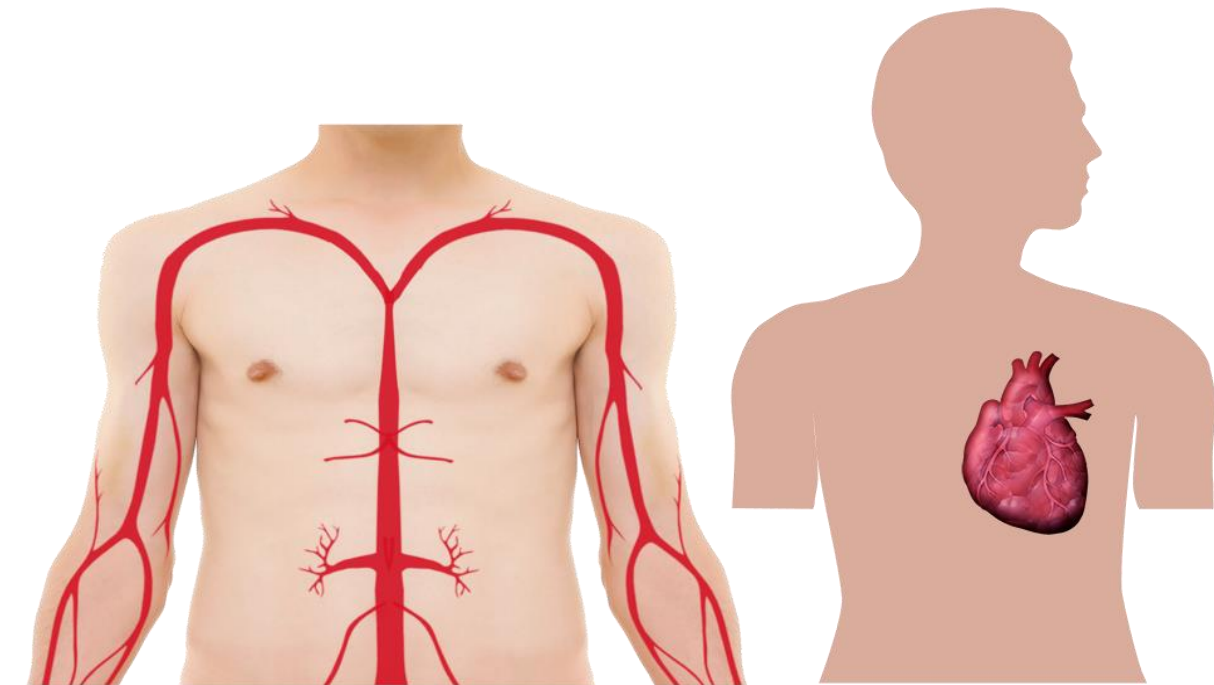
## Health Service Future ...

- What we need to do differently today to make a difference to the way healthcare provides to you over next 20 years.
- Aiming to reduce inequalities existing in the healthcare system.

# 5) Campaign about Heart Health Checks – Simon Howard and Amanda Duffin (continued)

## Focusing on...

- Cardiovascular Disease (including heart attacks, strokes, high blood pressure, cholesterol etc).
- Everything to do with keeping heart healthy and making sure you can live a healthy life for as long as possible.



# 5) Campaign about Heart Health Checks – Simon Howard and Amanda Duffin (continued)

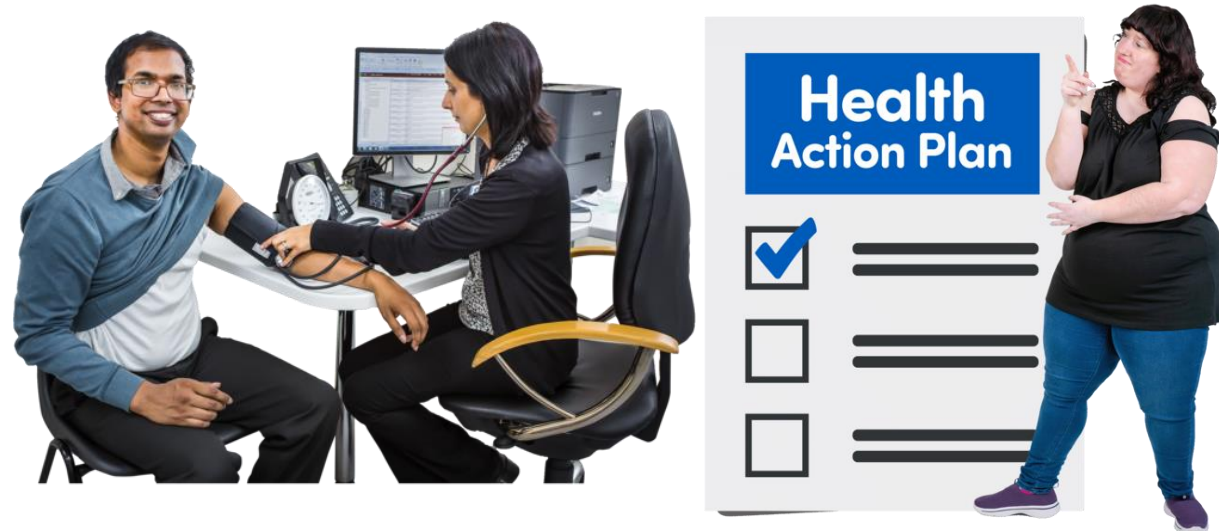
**Project Starts in 2024...**

- Using lots of data, will be trying to find and identify people in the community who have early conditions that heart health isn't as healthy as could be.
- Will then contact them and get them into healthcare for treatment and supportive services.





# 5) Campaign about Heart Health Checks – Simon Howard and Amanda Duffin Questions



## Q What do people think about this?

- ✓ Annual Health Checks and Health Action Plans don't focus much on heart health, so this work is needed.
- ✓ Important to educate people with learning disabilities about the symptoms, what is normal, what is not, what to do if think something isn't normal etc.



# 5) Campaign about Heart Health Checks – Simon Howard and Amanda Duffin Questions

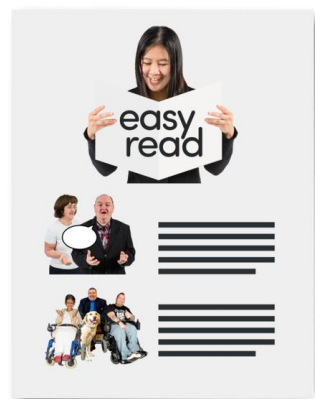


**Q How to make this accessible to people with learning disabilities?**

✓ To get a better response, personalise approach so people receive it in the way they want.



➤ Technology not suitable to all, many struggle with emails/ scams.



➤ (Easy Read) letters more official and can show to others if not sure.

# 5) Campaign about Heart Health Checks – Simon Howard and Amanda Duffin Questions



**Q How explain what doing and importance of it?**

- ✓ Use Social Media to say letters are coming soon, so people know its not a scam.
- ✓ Put a positive spin on message like 'to live healthier for longer'. If its too scary people wont respond.
- ✓ Get organisations like Healthwatch to share, so people know its real.



**healthwatch**  
Cambridgeshire

**healthwatch**  
Peterborough



## 6) Attending and Chairing meetings training – Graham Lewis



### Before the meeting:

- being on time
- what preparation is needed.

### During the meeting

- What is important?

### After the meeting

- What is needed?

**ACTION:** GL to share training slides after meeting.



# 9) Any Other Business – Next LBPB Sub Health Meeting



## Date

Thursday 1<sup>st</sup>  
February 2024

## Time

10.30–12.30

## Venue

Zoom, Online



# 9) Any Other Business – Next LBPB Meeting



## Date

Thursday 7<sup>th</sup> March 2024

## Time

10.30–1pm

## Venue

Zoom and to be confirmed

