

Cambridgeshire and Peterborough Learning Disability Partnership Board Meeting Notes

Thursday 7th March 2023, 10.30am – 1pm. Hybrid, Zoom. Bright Room, Maple Centre, 6 Oak Drive, Huntingdon PE29 7LB.





Useful Acronyms

- ASCF Adult Social Care Forum
- CCC Cambridge City Council
- CQC Care Quality Commission
- DSC Disability Social Care
- ICB Integrated Care Board
- ICS Integrated Care System
- > LDSHPB Learning Disability Sub Health Partnership Board.
- LDP Learning Disability Partnership
- NWAFT North West Anglia Foundation Trust
- (Hinchingbrooke, Peterborough & Stamford Hospitals)
- PCC Peterborough County Council
- SOC Speak Out Council





Welcome and Introductions







Ricky and George Speak Out Leaders for Peterborough Speak Out Cambridgeshire Report LDPB

1) Who is here? In person

Co-Chairing

- Graham Lewis Healthwatch
- Neil Adams (0-25yrs Speak Out Leader)
- Bill Jones Speak Out Cambs Leader
- Kate Bunting Speak Out Cambs Facilitator
- John Donnelly Independent Member
- John Johns Personal Assistant

New Peterborough Speak Out Council

- George Manly New Speak Out Leader
- Ricki New Speak Out Leader
- Helen Delaney Speak Out Facilitator





Welcome and Introductions

1) Who is here? Joining Online...



Independent Members

- Bianca Cotterill Pinpoint/ Parent Carer
- Jospeh Simon Parent carer
- Michelle Mansfeild Vera & Independent
- Rachel Hamilton Connections Volunteer



Cambridgeshire Speak Out Council

- Anne Hunt Fens Speak Out Leader
- Sean Nightingale Speak Out Leader
- Russell Henke High Support Needs Speak Out Leader





Welcome and Introductions



1) Who is here? Joining Online... Councils/ Service providers

- Beth Sayers Bus passes speaker
- Daryl McMurray CCC Commissioning
- Megan Kephart and Sarah Croxford PCC
- Rebecca Spalding-Green (Healthwatch)
- Sam Winspear Speech Therapist
- Siobhan MacBean (DSC 0-25yrs CCC)
- Vicky Bradley Safe Soulmates

Who couldn't make it...

- Ryan Whitney-Hill
- Lewis Strong Speak Out Facilitator
- Oliver McGowan training sent apologies.









- MM leaving Clarksons Surgery, Wisbeach was good idea. Simple, easy to leave and register as new patient at Trinity Surgery, Wisbeach.
- Left because of poor service and didn't take learning disability needs into consideration.



plan

Cambridgeshire

healthw

New surgery offered asthma test and staff patient, helpful explained the process and took their time to let Michelle ask questions.

ACTION: Share with Healthwatch Signposting and Info Team.





lealt

Action Plar

What we have to say... <mark>Annual Health Check, Anne Hunt</mark>

- ✓ Annual Health Check in person & good.
- Given blank Annual Health Action Plan to fill in but didn't know how to do it and wasn't asked if she knew how to do it.
- NA given appointment for 7.30am but was changed after explained is a problem for people who support staff.

ACTION: Share with Healthwatch Signposting and Info Team.





7:30

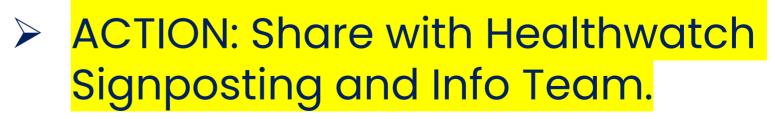


What we have to say... <mark>Annual Health Check, Bill Jones</mark>

2nd ever annual health check but have known doctor for quite along time.



- Doctors called to arrange appointment for when suited Bill.
- Was a good experience, everything checked no rush.
- Was aware of Elspeths death and was very delicate and sympathetic.













Stagecoach

- Ricki (has visual impairments) bus on route today was good as had audio announcements of each stop.
- Wished Peterborough bus services had this too.
- GL has given feedback to Stagecoach that not all bus routes have audio announcements (in the past they had said drivers couldn't turn these off).





VoiceAbility

Speak Out Council Report Learning Disability Partnership Board



March 2024

VoiceAbility



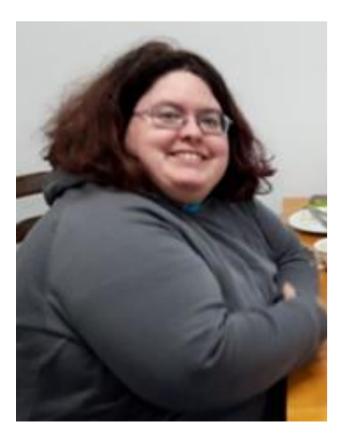
My News



What's happening for the leader for autistic people



After a lot of chats and meetings about it, I am delighted to say that I will be taking over the Speak Out Leader for Autism role. Covering people with autism across all of Cambridgeshire.



- Elspeth was of course a force to be reckoned with, her being the Empress of Sarcasm and I want to honour her by continuing her work but doing it my way.
- I will still be covering Cambridge City and South Cambs for the time being as well until a new person with lived experience is recruited for that Speak Out Leader role.

Bill Jones Speak Out Leader: Cambridge City and South Cambridgeshire

My News

Elspeth's Dimensions Award

A couple of years ago, we were nominated for the Advocacy, Policy and Media award at the Dimensions Learning Disability and Autism Leaders Awards.



Learning Disability and Autism Leaders' List 2022 Finalist

Congratulations VoiceAbility Cambridgeshire Speak Out Leaders

You have been named a Learning Disability and Autism Leaders' List 2022 Finalist, in recognition of your outstanding contribution.

Thank you for making a difference.

V O D G

Shlathta Goott Watkin BEM. Co chair

/ dimensions

This year, that category will be named the Elspeth Jones Advocacy, Policy and Media award and there will be some words from us about her on the Dimensions website.

The Learning Disability and Autism Leaders List Awards





VODG

Anne Hunt Speak Out Leader Fenland My News





Visit to Larkfield

Me, Kate and Carol Williams visited Larkfield in Ely which is a day opportunity centre.

We spoke to 8 people, they shared about their worries and what they like do.

We discussed about health and getting out about.

Carol asked questions about feeling safe.







Meeting with LDP Managers

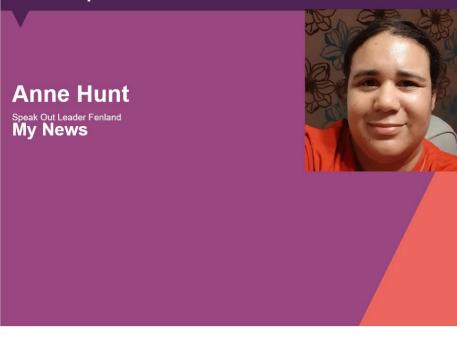
The Learning Disability Partnership helps people find the support they need.

The LDP staff had looked at the Learning Disability Vision to see what people with learning disabilities and autistic people said they want them to do.

People like social workers and occupational therapists who work at the LDP had come up with some statements to say what they will do to support them.

We checked these and said what we thought was most important.

We also talked about some work we will help with after June to find out what people think of how the LDP works.



VoiceAbility Neurodiversity Staff Group



Me and Kate joined a meeting on Teams.

There is a new group at VoiceAbility for anyone who has lived experience of being neurodivergent.

Neurodivergence can include autism, learning disabilities and mental health issues. Anyone can join to share their experiences to make sure VoiceAbility works well for everyone.

I found this helpful, and will be joining more in the future.

Sean Nightingale

My News

Speak Out Leader: Huntingdonshire and East Cambs

Adult Social Care Forum – January





I said that there were not enough drivers for minibuses in residential services and that accessible taxis were not reliable or affordable.

Sarah Croxford, Adults Senior Commissioner, at Peterbough Council said that she would use this feedback in their 2024 plan for staff recruitment.

When we go out and see people, Speak Out are continuing to ask people about the areas that the Adult Social Care Forum are focussing on: Loneliness, Digital Exclusion, Cost of Living, Raising awareness of early support services. Neil Adams Speak Out Leader: Young People

Young People's News



Hearing from young people

We have heard from 59 young people already this year!





Aurora Meldreth Manor School We have been to Samuel Pepys School, Highfield Littleport Academy and Cambridge Regional College in Huntingdon.

In March going to Cambridge Regional College in Cambridge.

Later in the year we hope to make links with Meldreth Manor School.

Talked about what people were saying the most about: loneliness, money management, working and volunteering and using public transport.

Russell Henke

Speak Out Leader: High Support Needs

My news from people with high support needs

High Support Needs Committee – January/ February

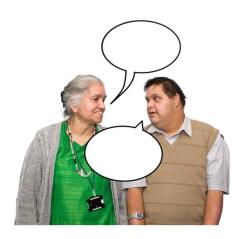


 Cambridge South station plans - No Changing Places toilets?
 Hoping to find out more info and make sure these are still being built.











- Visited Addenbrooke's with AccessAble.
- Spoke about Blue Badge parking and accessible toilets.
- Passenger Assistance App for using the train presentation.
- Chatted about issues with the lifts on the London Underground.
- Told people about upcoming Residential and Supported Living survey.

VoiceAbility



Ricky and George Speak Out Leaders for Peterborough Speak Out Cambridgeshire Report LDPB

2024



George Manley Speak Out Leader for Peterborough Speak Out Peterborough







Problems " nonverbal kids usersar reading person us

Preparing for Adulthood

- In 'The Fleet' Fletton did a workshop with young people from schools and colleges.
- They had physical disabilities, and or learning disabilities/ learning difficulties.

Annual Health Check/ GP Appointments

- People answered questions about Health Checks.
- Did role play to help prepare young people to make appointments with the doctor or ask for a repeat prescription.



Ricky and George Speak Out Leaders for Peterborough Speak Out Cambridgeshire Report LDPB

RNIB

Meeting the Chairman of Healthwatch

Ricky told David about how he used to work with RNIB (Royal National Institute for the Blind). Had really enjoyed this work.

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- > This work stopped when reached 25yrs.
- After the age of 25, George and Ricky felt people with learning disabilities and or autism had some "unmet needs".
- Want to work as this gives them a sense of purpose and allows them to try new things, travel and meet new people.
- They would like there to be more opportunities to learn about and work with technology.

2024



Ricky and George Speak Out Leaders for Peterborough Speak Out Cambridgeshire Report LDPB

The volunteers also wish to discuss:

- 1. Treatment in Hospital by doctors and nurses. They have asked would like to speak to doctors and nurses, as well as government officials and the local MP.
- 2. People with Learning Disabilities in prison. They would also like to look at the support and understanding people with learning disabilities are given in prisons. As they are worried about how staff behave.

3) Speak Out Council Reports LDPB Comments, Questions and Answers



healthwatch

Cambridgeshire

- MM well done both Speak Out Council teams for doing so much work.
- MM agreed there isn't much accessible bereavement support for people with learning disabilities?
- ACTION: Email Healthwatch Information and Signposting team for further info on this.





CAMBRIDGESHIRE



- Travel rules set nationally by Department for Transport.
- These rules are called English National Concessionary Travel Scheme (ENCTS).
- Cambridgeshire & Peterborough Combined Authority administers the ENCTS rules for people living/ travelling in Cambridgeshire and Peterborough.

National Scheme Travel Rights



Free off-peak travel on any scheduled local bus in England. (Includes Cambridge Park & Ride & Guided Busway).

£5

50%

Sunday

Saturday

9:30

BANK HOLIDAY

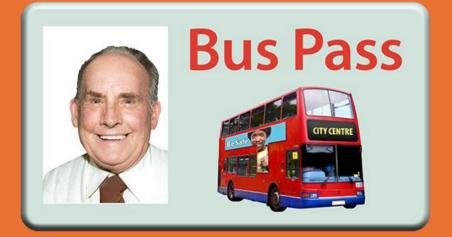
9:30

MON-FRI

Local Concessions

Plus in Peterborough & Cambridgeshire

- Free travel Mondays to Fridays after 9.30am until the last bus and all day on weekends and bank holidays
- Currently on certain Dial-A-Ride services a 50% reduction of the fare
- If bus service really limited ie only one bus on route before 9.30am, can access this bus with bus pass free of charge.
- Sight impaired passholders can travel free before 9.30am on weekdays





3 Types of Local Card

- Age Related Pass
- State Pension Age

Disability Related Pass

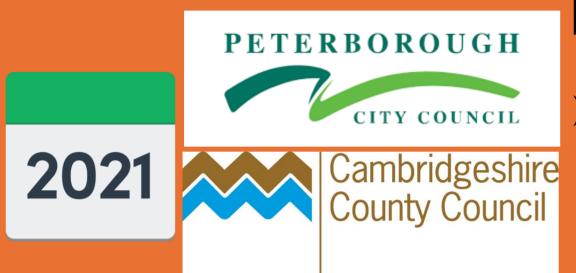
- Have a learning disability
- Personal Independence Payment (PIP) 8 points against either:
- 'Moving around'
- 'Communicating verbally'
- 'Planning & following a journey'



Clock Face Disability/Sight Impaired Pass
 Sight impaired/ severely sight impaired

See full slides for list of eligibility.



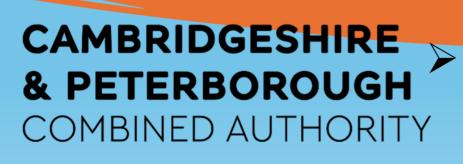


How Local Scheme did Operate

 Until 2021 Peterborough City Council (PCC) and Cambridgeshire County Council (CCC) were managing the travel schemes themselves.



- PCC used a company to provide part of the travel scheme.
- CCC travel scheme was managed by a council customer services team.



2021 - Combined Authority took over from the councils to run the schemes.

How Local Scheme Operates now







Applications can be made on-line, supported by a telephone advisor or supported face to face in local libraries or community hubs.



Paper applications were removed to comply with DfT rules and General Data Protection Regulations (GDPR).



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ARD

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Eligibility Assessment

- Age and residency are easily proved.
- The Department for Travel disability criteria are more complex especially in relation to Learning Disability, Mental Health diagnosis and Refused Drivers' Licence.
- Department for Travel issues guidance on acceptable proof documents.



UK

Fraudulent applications are prosecutable & can result in a police caution, as can misuse of a pass.

4) Discretionary Bus Passes - Bess Sayers Comments, Questions and Answers





- Q Bus pass Application Form not sent out in Easy Read?
- Q Reports of rude, impatient and not very understanding staff. Do staff receive learning disabilities training?
- A Staff are trained and monitored. Please feedback instances, calls are recorded so if complain can listen to calls.



- Q What happens if bus pass application refused?
- A If you say you don't agree with this decision would go through an appeal process – for fresh look on evidence sent in etc.





4) Discretionary Bus Passes - Bess Sayers **Eligibility Questions**



<u>k</u>Ož robusp RULES

healthwatch

Cambridgeshire

9:30



Q Do bus passes cover travel into areas outside Cambs and Peterborough? A Bus pass covers if starting from Cambridgeshire or Peterborough but not if starting journey from outside these areas.

Q Why only Disability/Sight Impaired Pass includes free travel before 9.30am? A For historic reasons – under review locally. National 9.30am rules being reviewed but will take time.



EDUCATIO

4) Discretionary Bus Passes - Bess Sayers Eligibility Questions (Continued)



Cambridgeshire

Q Education Health and Care Plans contain a lot of private info in, why needed as evidence?

- A Need to receive the whole Education Health and Care Plan report so can see if matches bus pass eligibility criteria set by Department for Transport.
- CCC SEND Team provide Education Health and Care Plans if parent if gives permission. Loaded up straight away.
- × PCC SEND Team declined to do this.

ACTION: Siobhan MacBean to investigate.



5) Cambridgeshire and Peterborough LDPB Sub Health Group Notes 1st February 2024

3) Health Feedback from people with Learning Disabilities and/ or Autism



What we have to say... Bianca Annual Health Check Quality

- Health Checks depend if GP has hoisting access, results different if person is lying down or sitting up.
- During Covid Health Check was on phone but daughter is non-verbal.
- Why not do Annual Health Checks in the community that has suited equipment?

3) Health Feedback from people with Learning Disabilities and/ or Autism

What we have to say ... Anne Phone Annual Health Checks

- Anne was due Annual Health Check but they kept being cancelled. It was going to be over the phone.
- ✓ Rebooked for Feb 2024. Anne is happy as is a this will be in person instead of over phone.
- ACTION: Elaine Deazley-Morgan (ICS Commissioner) to investigate Health Check issues raised.



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5) Cambridgeshire and Peterborough LDPB Sub Health Group Notes 1st Feb 2024 (Continued)

3) Health Feedback from people with Learning Disabilities and/ or Autism



What we have to say... Bianca & Pinpoint <mark>No easy</mark> way of finding out how to go through system for parents.

- Accessing the Health system is difficult and confusing when changing from childrens services to adult services or educational to Adult Social Care.
- Educational funding stops at 25yrs, services no longer provided.

3) Health Feedback from people with Learning Disabilities and/ or Autism

What we have to say... Parents, Family Voice DNARs

- Q DNAR's (do not attempt resuscitation) done during Covid, still stand? If remain in place worried hospitals may refuse treatment.
- 'Imposed' DNAR's should be reviewed, with a discussion had based on the individuals situation.
- ACTION: Elaine Deazley-Morgan (ICS Commissioner) to further investigate.



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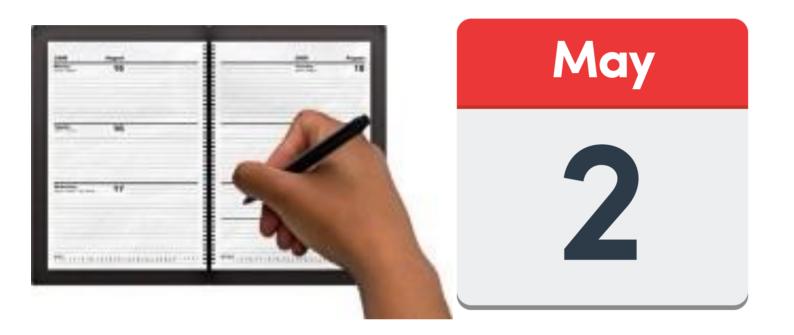
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9) Any Other Business – Learning Disability <mark>Sub Health</mark> Partnership Board



Next Meeting Date Thursday 2nd May 2024

Time 10.30-12.30

Venue Zoom, Online







6) Healthwatch Health & Care Forums -Rebecca Spalding-Green





<u>Everyone is invited to attend their local area meeting</u> <u>– the more voices the better!</u>



Peterborough Forum – Nov 23 & Jan 24.

✓ Scams - Cambs Constabulary & Mental Health.

March



Next meeting – 28th March 24, 10–12, The Fleet Centre, PE2 8DL. For more info visit: <u>Events | Healthwatch Peterborough</u>



April

3

healthwatch

Cambridgeshire

Cambridge & South Cambs Forum – Dec 23 & Feb 24.
 ✓ Doctor Groups Healthwatch Work – Karen Igho.
 ✓ Headway Cambs & Peterborough Restart
 Next meeting – 3rd April 24, 10–12, Venue TBC.
 For more info visit: Events | Healthwatch Cambridgeshire



<mark>6)</mark>Healthwatch Health & Care Forums – Rebecca Spalding-Green







Fenland and East Cambs – Dec 23 and Feb 24.

- ✓ Queen Elizabeth Hospital Updates.
- Professor David Croisdale-Appleby Head of Healthwatch England Visit.

Next meeting – 11th April 24, 10–12, venue TBC. For more info visit: <u>Events | Healthwatch Cambridgeshire</u>



Huntingdonshire – Nov 23, Jan 24 and March 24.
 ✓ Cornerstone Pregnancy Advice.
 ✓ Intermediate Care Update – hospital discharge.

May



Next meeting – 7th May 24, 2–4pm, venue TBC. For more info visit: Events | Healthwatch Cambridgeshire





<mark>6)</mark> Young Peoples Wheelchair User Forum

Young People's Wheelchair User Forum! Thursday 29th February 10am-12pm

Your Wheelchair, Your Words: Share your thoughts!

Downstairs Hall The Meadows Community Centre 299 Arbury Road Arbury Cambridge CB4 2JL

Refreshments provided. Information on the venue can be found here:

healthwatch

Cambridgeshire



To confirm your attendance enquiries@healthwatchcambspboro.co.uk

Call: 0330 355 1285

AJM healthwatch Cambridgeshire healthwatch

Young Peoples Wheelchair User Forum

- Held meeting Thursday 29th February.
- > Lots of discussion.



Pinpoint Conference
 Friday 7th June 2024,
 more details to follow?



<mark>6)</mark> Updates from SEND - Siobhan MacBean (Special Educational Needs & Disabilities)





Cambridgeshire

- As part of Children Social Care in process of Ofsted inspection at the moment.
- Preparing for Young Adulthood Event in May.
- Focusing on loneliness how to keep friendship groups going.
- Young Adults Team will do face to face sessions at colleges, telling them about social care.



6) Update from Commissioners -Cambridgeshire County Council – Darrell McMurry





Peterborough CC - Sarah Croxford

 \succ couldn't be heard, had internet issues. ACTION: send GL an update to share.





Cambridgeshire & Peterborough

healthwatch

Cambridgeshire



August

10 20 21 22 23 24 26 27 28 20 30

Cambridgeshire CC - Darrell McMurray

- New advocacy provider replacing Voiceability called Power.
- Many support workers remaining, work will be the same and should run the same.
- Voiceability will be asking people in supported living/ residential services for feedback on whats working/ whats not.
- New contract 1st August 2024 for All Age Unpaid Carers supporting community.



40





6) Update from Commissioners -Cambridgeshire CC - Lilley White



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Cambridgeshire

- Q LDPB said there is confusion about Autism and Annual Health Checks.
- A People with Autism and no other Learning Disabilities don't have Annual Health Checks.
- A Some people with Autism but no LDs had been accidentally put on LD list and received Annual Health Checks.
- A Research in Newcastle of people with Autism having Annual Health Checks.



7) <mark>Oliver McGowan Training</mark> – Alison Mayern



Alison Mayern was going to do Oliver McGowan training was unable to attend.



Instead Alison will be attending and giving training at the next LDPB meeting – Thursday 6th June 2024.





<mark>8)</mark> Thurs 7th Sept 2023 LDPB Meeting Notes

2) People with Learning Disabilities and/or Autism and Carers

What we have to say

Speak Out Council



- Earlier in week Speak Out Council heard a practice Care Quality Commission Assurance Process Presentation.
- × Not Easy Read too long and lots of complicated words.

2) People with Learning Disabilities and/or Autism and Carers



What we have to say

Volunteer with learning disabilities now employed by British Heart Foundation. Contract 7/8hours a week, expected to work 3 days, 2 days voluntary and paid for 1 day.



 Concerned bad practice?
 Action: Are social services supporting people with learning disabilities/ autism through employment?

healthwotch Cambridgeshire **healthwotch** Peterborough

healthwatch Cambridgeshire







Thurs 7th Dec 2023 LDPB Meeting Notes (Continued)

2) People with Learning Disabilities and/or Autism and Carers



What we have to say

Experiences with agency staff not having had learning disability or autism training.



- > How are Councils monitoring?
- Listening to carers, report if not trained and do investigate.

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Peterborough

5) CQC Assessment – Leesa Murray



CQC will be inspecting:

- \succ How the services are through the eyes of people who access it.
- > The quality of the service
- > What are the risks and how are these being managed?



Cambridgeshire



healthwatch

Cambridgeshire



Action Log Updates

healthwatch

Cambridgeshire

Ran out of time in meeting. **ACTION: GL will email updated Action Log**



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Peterborough

8) Thurs 7th Dec 2023 LDPB Meeting Notes (Continued)

2) People with Learning Disabilities and/or Autism and Carers Feedback



What we have to say... Debbie Not received letters

- Not received letters on Cambridgeshire County Council and Integrated Care Board (ICB) Partnership changes.
- > Email sent out not good easy read.



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Cambridgeshire

Invited to a meeting at too short notice.

ACTION: Jill Johnson will pass feedback to comms about easy read and look into LDPB mailing list.

healthwatch Peterborough

2) People with Learning Disabilities and/or Autism and Carers Feedback



Dentist

What we have to say... Debbie <mark>Dentist Cancellations</mark>

Hinchingbrooke Specialist Dentist Service cancelled appointment 4 times, so over a year since booked.



Michelle got emergency dentist appointment given temporary filling, told long wait for permanent filling appointment (still got toothache).

healthwetch Cambridgeshire







<mark>8)</mark> Thurs 7th Dec 2023 LDPB Meeting Notes

2) People with Learning Disabilities and/or Autism and Carers Feedback



What we have to say... Debbie Meeting Notice too short

- Adult Health Committee wanting to involve people with learning disabilities to come and talk about ways to improve peoples health.
- A few weeks is not enough notice given to get people with lived experience involved.





2) People with Learning Disabilities and/or Autism and Carers Feedback

What we have to say... Travis Concessionary Bus Passes

- Helen Bus drivers still not letting people on with passes from 9.30am when they should.
- Since Combined Authority took over, process is more complicated.
- Told to go to libraries, but many libraries don't have staff or are able to do it.
- Rude service on the phone, given wrong information and no easy read paperwork.



healthwetch Peterborough

healthwotch Cambridgeshire

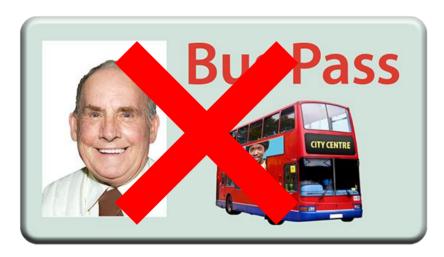






8) Thurs 7th Dec 2023 LDPB Meeting Notes (continued)

What we have to say... Concessionary Bus Passes Service



Difficulty getting new/ replacement bus passes is affecting peoples ability to get to health/ social services needed.

ACTION: Health Subgroup talk about how hard it is to get a letter from doctor for bus pass.



ACTION: Invite Metro Mayor Nick Johnson (will want to listen with voting coming up).

ACTION: GL to invite Combined Authority to April meeting.





8) Thurs 7th Dec 2023 LDPB Meeting Notes (continued)

5) Campaign about Heart Health Checks – Simon Howard and Amanda Duffin



Health Service Future ...

- What we need to do differently today to make a difference to the way healthcare provides to you over next 20 years.
- Aiming to reduce inequalities existing in the healthcare system.

5) Campaign about Heart Health Checks – Simon Howard and Amanda Duffin (continued)





Project Starts in 2024...

- Using lots of data, will be trying to find and identify people in the community who have early conditions that heart health isn't as healthy as could be.
- Will then contact them and get them into healthcare for treatment and supportive services.

healthwatch Cambridgeshire

healthwatch Peterborough

healthwatch Cambridgeshire healthwatch Peterborough



Action Log Updates

Ran out of time in meeting.
ACTION: GL will email updated Action Log.





ealthwatch Insert local Healthwatch name

Oncomposible statements of the second statement of

healthwatch

Cambridgeshire

- JD worried train station toilets being shut for over 8 weeks?
 There aren't any others in area?
- > MM Peterborough station toilets problem as not wide enough to get in in manual wheelchair.
- ACTION: GL will investigate.
- MM Peterborough train support service – always excellent.



lealthwatch Insert local Healthwatch name

9) Any Other Business –



Any other

business?



Chairing LDPB meetings

- GL asked for volunteers to chair future meetings.
- ACTION: Set up a rota of independent members to chair or co/chair meetings.

Safe Soul Mates Events













Any other business?

9) Any Other Business - <mark>Next LBPB Meeting</mark>







Date Thursday 6th June 2024

Time 10.30-1pm

Venue Zoom and to be confirmed

Thank you all. Good bye!



