



Cambridgeshire and Peterborough Learning Disability Partnership Board Meeting Notes

**Thursday 5th September 2024, 10.30am – 1pm.
Hybrid over Zoom**

**Peter's Room, Maple Centre, 6 Oak Drive,
Huntingdon PE29 7LB.**



Useful Acronyms

- **ASCF** – Adult Social Care Forum
- **CCC** – Cambridgeshire County Council
- **CUH** – Cambridge University Hospital (Addenbrookes)
- **DSC** – Disability Social Care
- **ICB** – Integrated Care Board
- **ICS** – Integrated Care System
- **LDSHPB** – Learning Disability Sub Health Partnership Board.
- **LDP** – Learning Disability Partnership
- **NWAFT** – North West Anglia Foundation Trust
(Hinchingbrooke, Peterborough & Stamford Hospitals)
- **PCC** – Peterborough County Council
- **SOC** – Speak Out Council

1) Welcome and Introductions



- 1) Everyone was welcomed
- 2) They introduced themselves
- 3) Graham said that some people had sent their apologies, he said who they were.

Co-Chairing

- Graham Lewis – Healthwatch
- Sean (Speak Out Leader)
- **Speak Out Leaders**
- Bill, Anne, Kerri, Neal, George, Russell
- Kate, Lewis, Helen – Speak Out Facilitators
- **Independent Members**
- John, Johns Personal Assistant, Rachel, Bianca (parent carer & Pinpoint)



1) Welcome and Introductions



1) Who is also here?

- Iain Green – Public Health
- Vicky Baddeley – Safe Soulmates
- Siobhan MacBean – CCC SEND
- Fiona Kerr – CPSL Mind
- Ryan Witney-Hill – PCC
- Matthew Zunder – Addenbrookes Hospital
- Laura Dunkling – Addenbrookes Hospital
- Gurdev Singh – CCC
- Sam Winspear – PCC
- Mandi Ince – Peterborough & Hinchingsbrooke Hospitals
- Caroline, Miranda, Carole, Mehvas – Healthwatch



2) People with Learning Disabilities and/or Autism and Carers Feedback

What we have to say...

➤ Mandi from Hinchingsbrooke and Peterborough Hospitals told us about the team of nurses who help people with Learning Disabilities and or Autism to get the care they need when they go to hospital.

➤ The hospital has a system that uses symbols that hospital staff can see. This lets them know if a patient has Autism, Dementia or a Learning Disability and may need extra care.

➤ **ACTION:** Healthwatch to share Mandi's email with everyone.



2) People with Learning Disabilities and/or Autism and Carers Feedback

What we have to say...

Speak Out Council
Peterborough and
Cambridgeshire



- No one else had feedback this time.
- The Speak Out Leaders from Cambridgeshire and Peterborough told everyone what work they had been doing.
- Graham has shared the reports with the meeting agenda.

Speak Out Council Report Learning Disability Partnership Board



Bill Jones

Speak Out Leader:
Cambridge City and
South Cambridgeshire

My News



What's happening for the leader for autistic people



- I spoke at a training session for NHS staff at Addenbrooke's so that they know it's important that they need to treat people with learning disabilities and autistic people differently to other people.
- I have been part of work looking at how to make the All Age Autism Strategy happen. They are working on improving communications and helping people find services and support.
- Neil and I have done 4 pieces of Easy Read work for Lisa Jones. We found the subjects quite difficult but worked hard to make sure people can understand them.
- Safe Soulmates run lots of clubs, and I run The Film Club on Zoom which is well attended.





News from the Fenland Leader

I did a survey at Victoria and Tennyson Lodge's about people's experiences with the Learning Disability Partnership.

We heard from 54 people and most people didn't know what the LDP is. More information is in my full report.

I went to the Fenland and East Cambs Health and Care forum which was well attended. I told them about the mental health work we did and asked everyone to explain any jargon used as it is hard to understand

We had a stall at a Pinpoint event, people came for a chat and to find out what we do.



Kerri Molloy

Speak Out Leader:
Cambridge City and South
Cambs



New Leader for Cambridge City and South Cambs

My name is Kerri, I live just outside Cambridge. I enjoy performing arts, I'm part of the drama club at St Paul's Church on Hills Road.

I like to write stories and doing arts and crafts.

I want people to realise that just because you have a disability or learning difficulty that we're no different to everyone else.

I'd like to teach people to avoid assumptions and stereotypes about people with disabilities.



Sean Nightingale

Speak Out Leader:
Huntingdonshire and East Cambs



My News



News from Leader for Huntingdonshire and East Cambs

Me, Anne and Bill have started doing the Oliver McGowan training. We will be able to deliver training once we pass Tier 1 and Tier 2.

I heard more about Virtual Wards and Hospital Passports at the Mencap Service Users Forum.

We visited Special Choices and spoke to people about the Annual Health Checks survey we are doing. Most people realised they'd had a check when we explained to them what it was. They told us that they didn't get asked if they smoked or drank because it was assumed they didn't.



Neil Adams

Speak Out Leader: Young People

**Young People's News**

Hearing from young people

We visited Switch Now where everyone was between the ages of 21 and 32.



Someone told us they had a mental health issue. They didn't have a social worker. Their mum had to chase this up, it took a long time to get someone. They weren't there when they needed them. They now have a social worker who is very good.

People generally thought it was difficult to find information to find services who could help with things to do and support.

One person said they would like to be taught more independence and life skills.





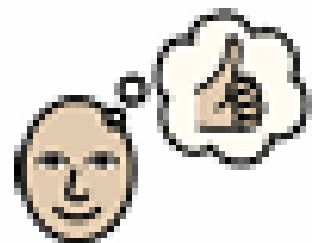
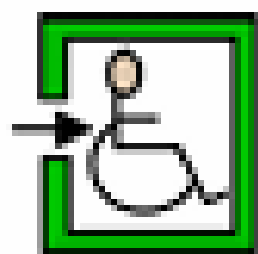
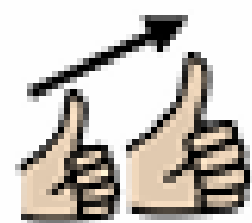
Russell Henke

Speak Out Leader:
High Support Needs

My news from people with high support needs

Learning Disability Week 2024

Do you
see
me?

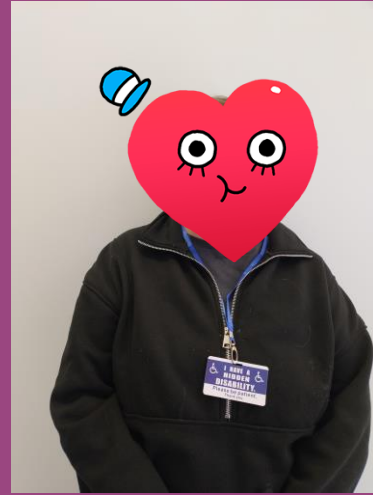


High Support Needs – My News

- I had a stall at Addenbrookes hospital to raise awareness about the help people with disabilities need.
- We went to Mencap in Huntingdon where we had guest speakers and the committee heard about Disability Confident Employers.
- We attended the first meeting of the Positive Behaviour Support Steering Group. Lewis and I had training in this subject.
- We are doing 2 surveys about PBS, one for people with lived experience of PBS and one for their support staff.
- We went to St Ives and made an Access video.



George,
SOL



Danni,
Volunteer



Juliet,
Volunteer



Ricky,
SOL



Assunta,
Volunteer

We also have long time volunteer Rachel, as well as Stacey and Hannah who is new to the organisation.

What we've been up to:

Speak Out Peterborough

2024

Ricky and George have undergone some Health and Safety training this month.

We have also been working the best ways to support Ricky and George to participate in meetings.

George has agreed to have a computer read out what he wants to say.

Ricky was considering being recorded but has declined this as he feels he is able to communicate well in meetings. He would appreciate additional support in meetings to be able to hear clearly – a hearing loop or a receiver.

Preparing for Adulthood Co-production

Independence

Want a family

Can't afford parking at appointments

Work with food, in a shop or study



Use public transport

Learn to drive

Live with family or their friends

Work with computers

What we learnt at Enzo's Coffee morning

- PCVS
- Discrimination against Hidden Disabilities despite having run a campaign around Hidden Disabilities they don't make anything accessible or in easy-read.
- Several people feel they have experienced discrimination around their Mental Health condition.
- People also find one employee's use of inflammatory language over the top and offensive.
- Many volunteers with LD's have dropped out. This is causing them further social isolation.



Adult Social Care Forum

- Assunta wishes to continue to attend these meetings as our representative.
- When I asked if she would like more opportunity to speak;
- She said, “I like to listen”.



Adult Social Care Forum shared priorities:

Please be patient and give me a little more time



Not all disabilities are visible. If you notice someone wearing the Hidden Disabilities Sunflower lanyard, please be patient and give them a little more time.

Not all people with hidden disabilities require assistance. But if you do, wearing the Hidden Disabilities Sunflower Lanyard discreetly indicates that you may need additional support or just a little more time.

The Hidden Disabilities Sunflower Scheme® has been successfully introduced to several major UK airports, as well as some supermarkets, railway stations, NHS trusts and sports venues.

If you want to find out more, please visit our website:

www.hiddendisabilitiesstore.com



Building awareness of the Sunflower Lanyard Scheme®



This Photo by Unknown Author is licensed under [CC BY-NC-ND](https://creativecommons.org/licenses/by-nc-nd/4.0/)

Training:

George thinks that the sunflower lanyard has improved his life with staff. More people should be made aware of this.

George thinks they could still support him better and understand his hidden disability.

Ricky however felt, “staff seemed to understand me at college and at my local corner shop”.

He said, “People like to offer to help me when I am on my own and point out things to me that might be in my way.”

Transport:

SOLs would like to speak with local bus drivers about what it is like to be disabled on buses.

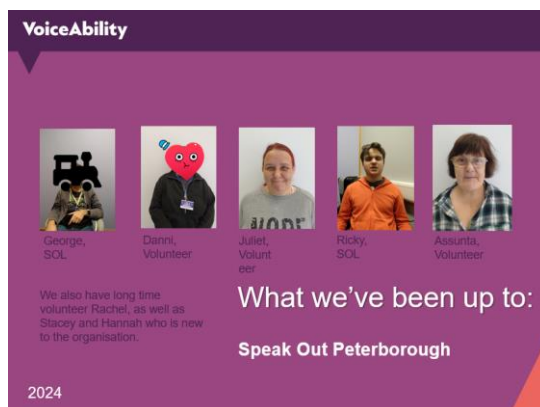


Ricky said, “if I was travelling alone which I do wish to do, I would need support from staff on the platforms. He feels the closure of tickets offices is really annoying because it is there to assist people like him to use to use the trains.”



“Once we talk to the companies and the bus drivers, it won’t just help me I will be helping, but others too. He talked about how he would like all drivers to lower their buses to help him enter and exit the bus, he doesn’t think they understand mobility issues and the importance of supporting people with their disabilities.”

3) Speak Out Council Reports LDPB Comments, Questions and Answers



Helen explained what discrimination meant.

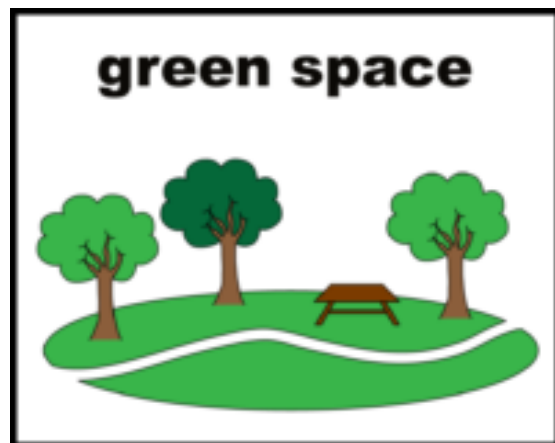
We talked about ways we could let other people know if we have access needs when using transport. This included:

- The Sunflower Lanyard
- Support through Disability Railcards
- Using the Passenger Assistance APP when you register a journey.

- **ACTION: Graham will talk to Stephen Keely from Stagecoach so he can talk to Helen.**



4) Healthy Places – Joint Strategic Needs Assessment – Iain Green, Public Health



Iain asked everyone what makes a place healthy. Here are some things that were said:

- Someone said some paths were hard to access as they have potholes or don't have dropped kerbs.
- Some people had good access to parks, but others had trouble because gates were too narrow.
- Food shopping online has helped some people.
- Doctor's surgeries could have a screen that displays peoples names when their appointment is due.



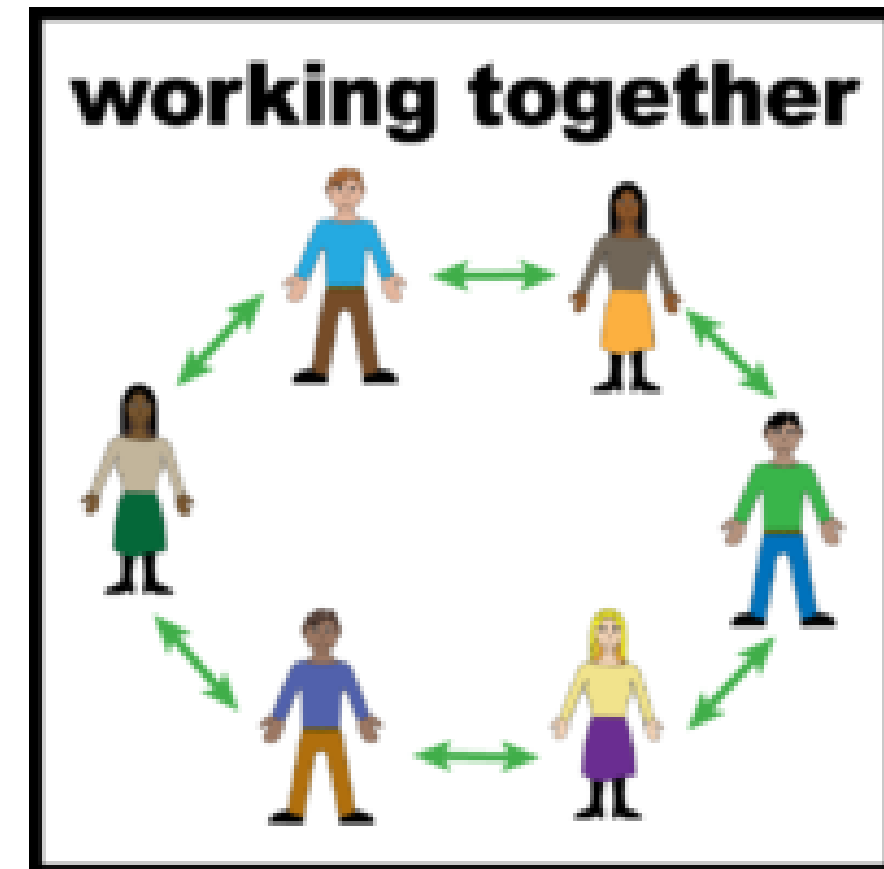
What makes a place healthy?

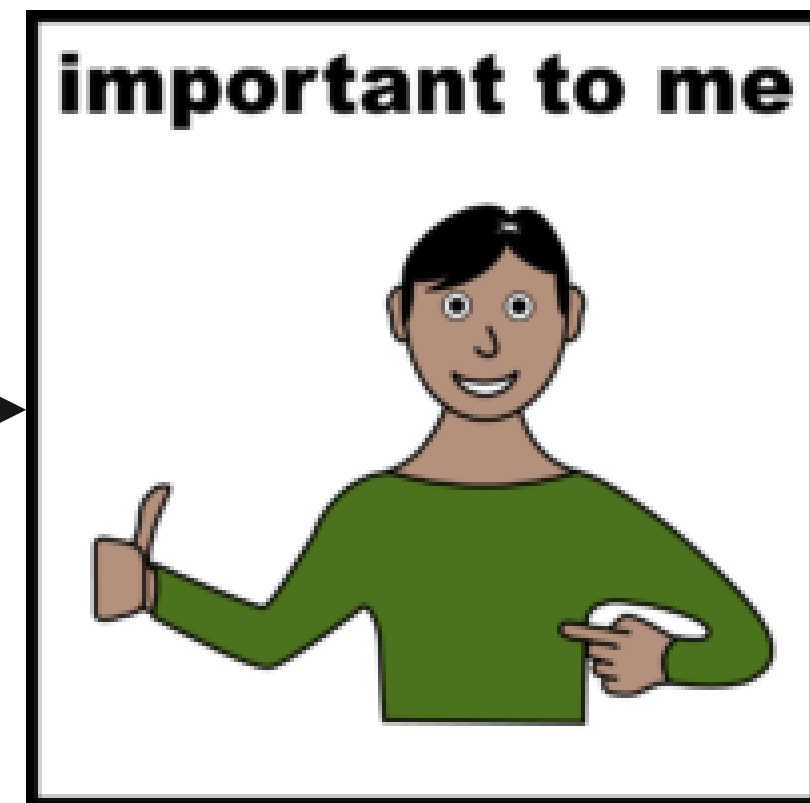
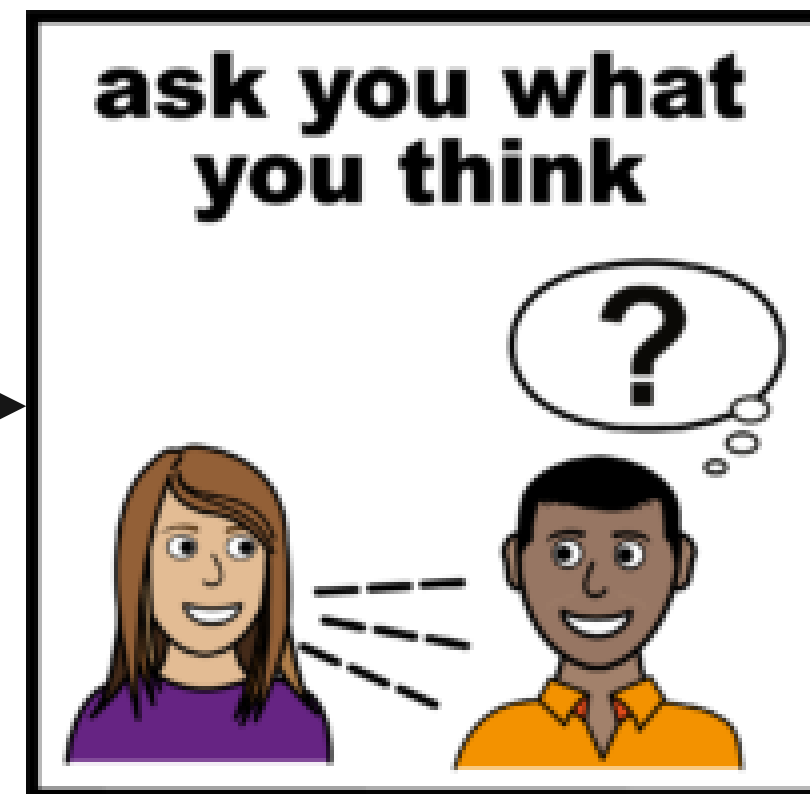
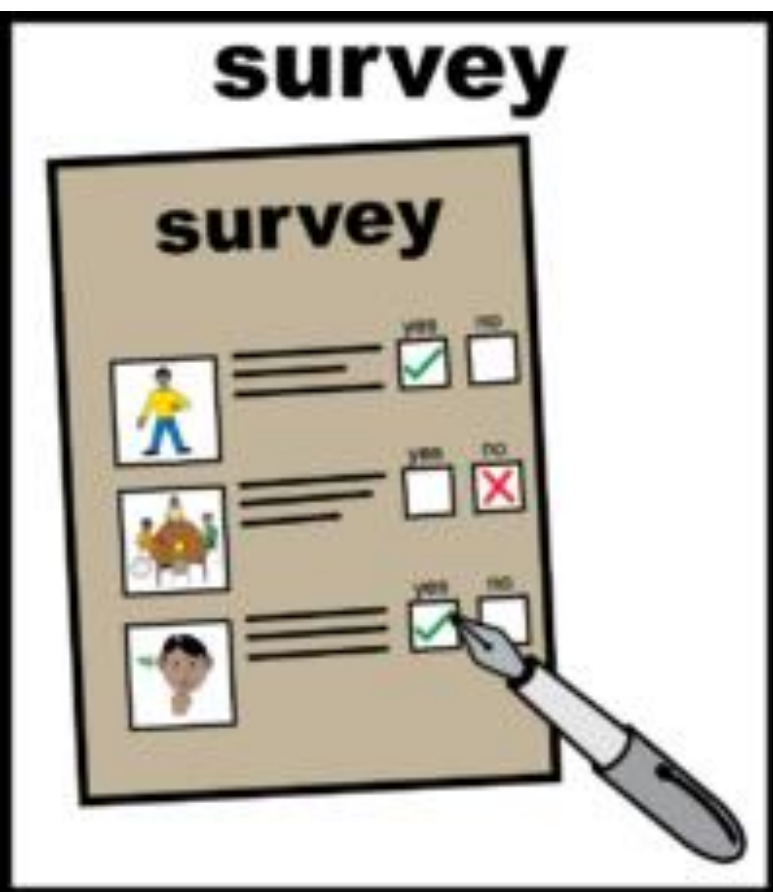
- The place where you live can make your health better or worse
- Examples of good things are more green space, accessible buildings, and community
- We want to know how we can make local areas better for people with Learning Disability

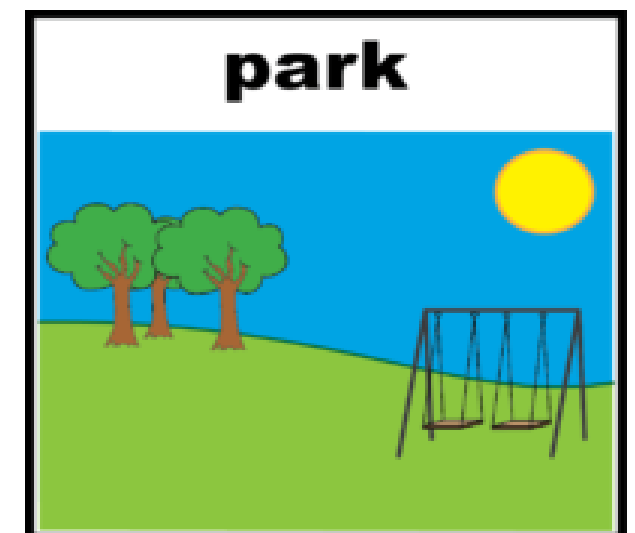
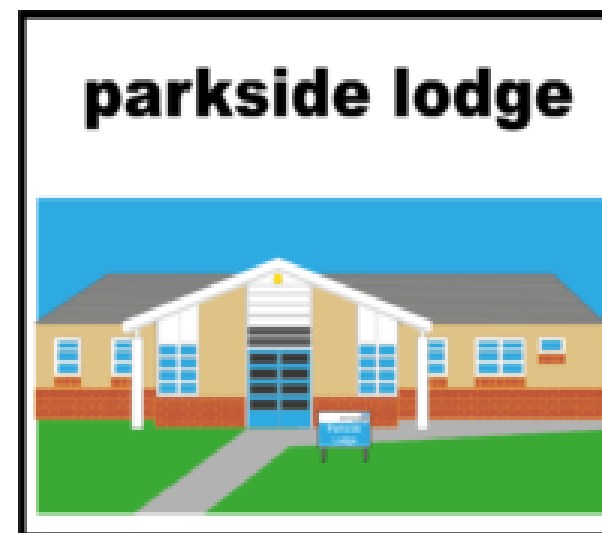
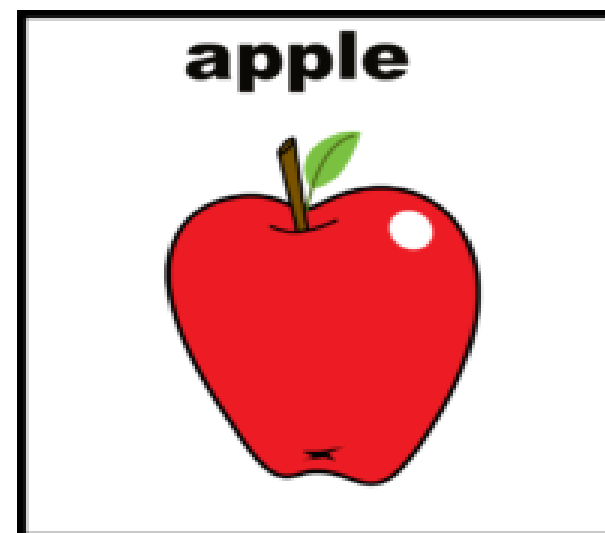
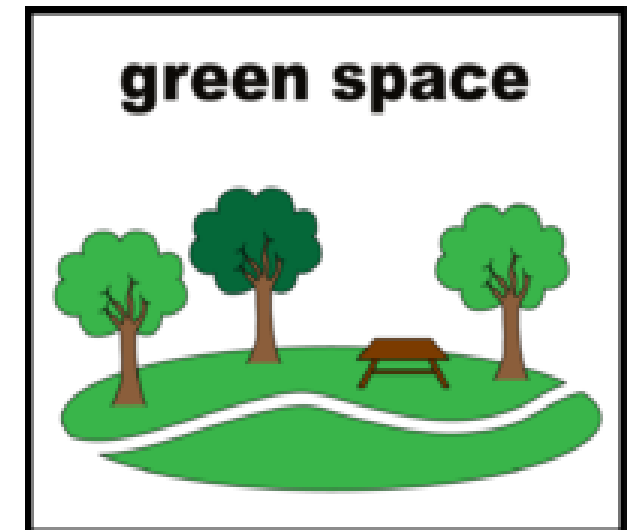


What is a JSNA?

- **Joint** = many groups working together
- **Strategic** = thinking about how to make things better in the future
- **Needs Assessment** = understanding people's health







Iain thanked everyone for their comments and said he will let Graham know the results of the survey.

5) Learning Disability Partnership – Gurdev Singh Cambridgeshire County Council



Cambridgeshire
County Council



CCC are looking at how the Learning Disability Partnership works.

It is being reviewed, and the council want to know what would improve it.

They want to know what the members of Partnership Board think about the changes.

It was decided to set up a Task and Finish for this subject with an extra meeting.

ACTION: Graham to organise task and finish with Gurdev.

6) Care at Home – Ryan Witney-Hill Peterborough City Council



Care in the Community Framework



5th September 2024

Overview of the existing Care at Home Framework



Ends March 2025 – looking to extend until June 2025



Home Care and Supported Living



Issues: Specialist care and lack of capacity in the providers delivering Supported Living services.



Areas for Improvement: each commissioned service has its own lot and specification that clearly defines our expectations from providers.



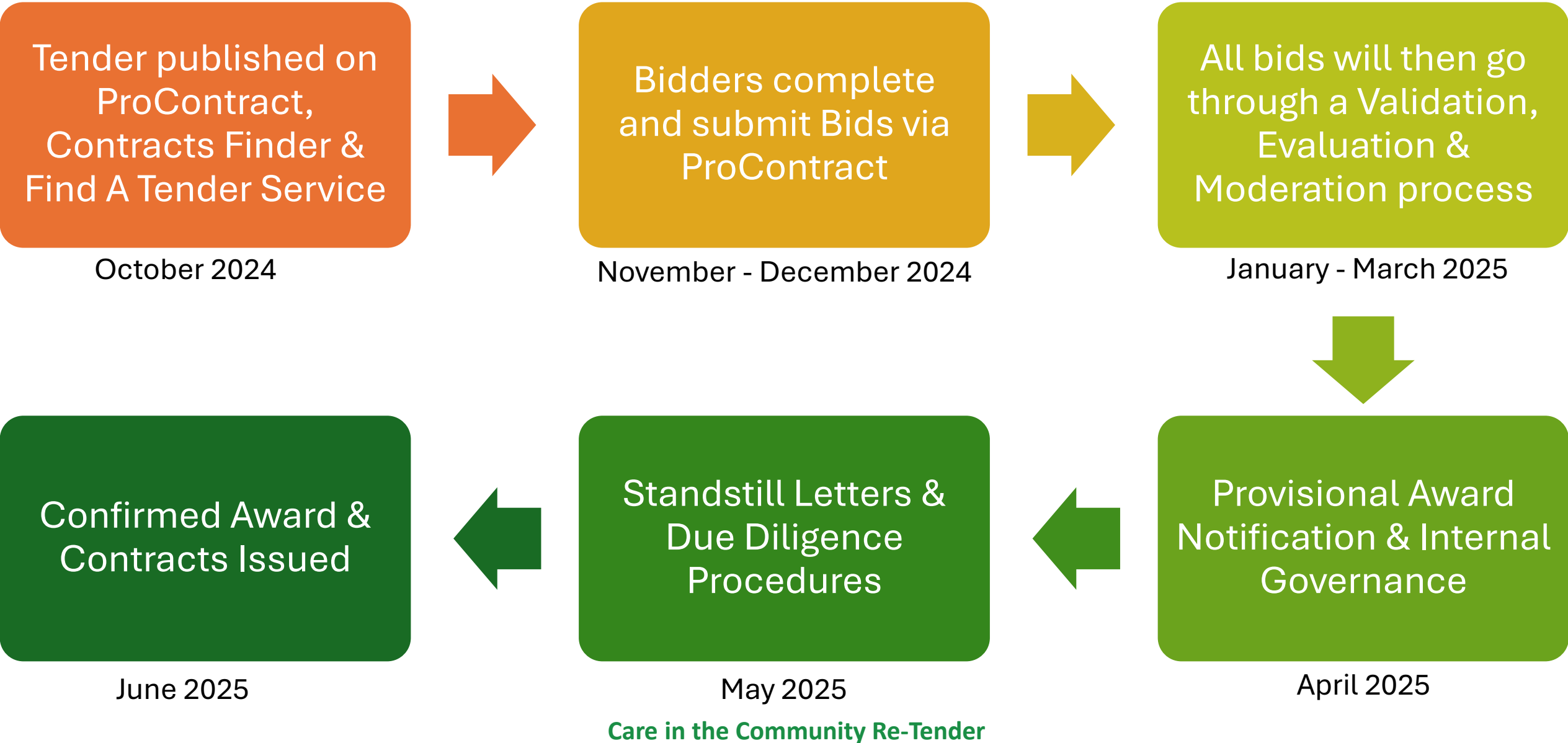
Care in The Community
Framework

- Lot 1 – Homecare (Standard)
- Lot 2 – Homecare (Complex)
- Lot 3 – Supported Living (Standard)
- Lot 4 – Supported Living (Complex)
- Lot 5 – Extra Care Housing
- Lot 6 – Floating Support

The Care in the Community Framework

- Peterborough City Council will be the Contracting Authority.
- Providers can bid for one or for all 6 Lots.
- The Care in the Community Framework will be launched in 2025 as an initial three-year contract to 2028 with options to extend for a further 7 years, taking it up to a total of 10 years overall.

Tender Process Overview



Next steps:



Feedback and Experiences

We're collecting feedback about the services we commission and want to hear from people who have experience of using these services whether that's themselves or for a loved one.

We want to hear from you about:

What is good, and not so good about the services we provide

What you think we need to improve

What you think we need to remove from the service offer

Anything else you want to tell us about that will help to improve services



Thank you for listening! Any questions?

Q. What is meant by Floating Support?

A. Someone that can support you but doesn't live in the home with you.

Q. Are people who have complex needs and live in residential homes included in this?

A. No this is for people who are or want to live independently.

ACTION: Graham to share Ryan's presentation after the meeting.

7) Addenbrookes Hospital Outpatients Strategy Review – Matthew Zunder

NHS

**Cambridge
University Hospitals**
NHS Foundation Trust



- Addenbrookes want to improve outpatients services and are asking people what they need.
- A lot more people are using outpatient services and waiting lists have grown.
- Patients are often waiting too long to get the care they need.
- The hospital want what's best for the patient and want to make appointments easier – this is called patient-centred care.

7) Addenbrookes Hospital Outpatients Strategy Review – Matthew Zunder



- Many patients travel a long way to get to the hospital and some tests only last for a short time.
- They often need to come back for more tests on another day.
- The hospital want to offer more video appointments and have virtual wards.
- Matthew wanted to know what people thought about these changes.



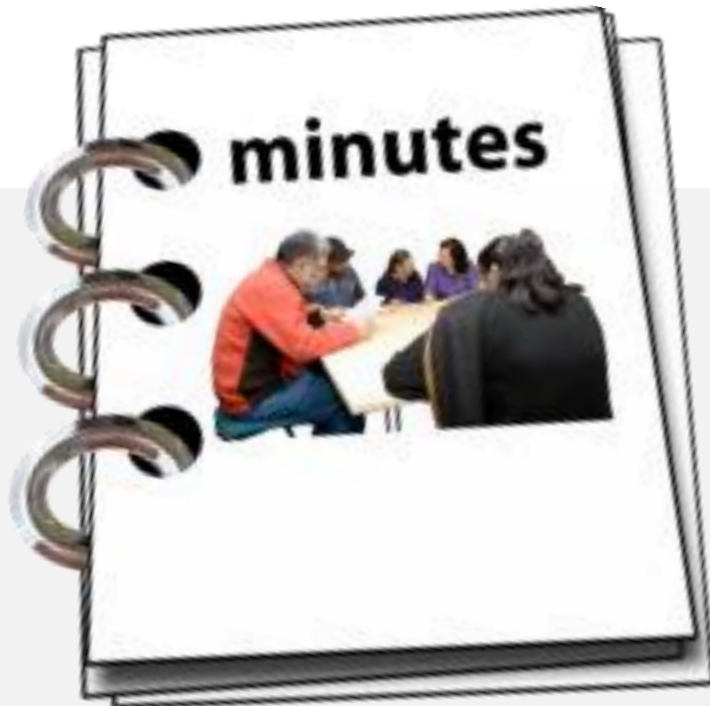
7) Addenbrookes Hospital Outpatients Strategy Review – Matthew Zunder



- Comments included –
- Make letters and apps like MyChart easier to understand and available in easy read.
- Use language that is easy to understand.
- Have quieter routes in the hospital to get from one place to another.
- Train hospital doctors and staff so they offer appointments that are best for the patient.
- Be clearer about delays to waiting times and appointments.



8) LDPB Meeting Notes from 6th June 2024 and Action Log



The meeting notes were shorter than usual and we will try to improve them next time.

Graham reminded everyone what happened in the meeting.

Kerri said that colour coding was useful in meeting notes.

Graham talked about what was on the action log. There were no questions.



9) Any Other Business



- Some people had to leave, as the meeting had gone on past 1pm.
- Anne had trouble recently getting to an appointment at Peterborough Hospital.
- Disneyland has a new lanyard for people who need help while they are there.
- They also are good at helping people get on and off the rides.
- Safe Soulmates have a dance on the 26th October and a party in December.
ACTION: Graham to share details
- ✓ Sean moved house and got a lot of help moving and getting sorted.

Disneyland

Park

SAFE SOULMATES



9) Any Other Business



 **Stagecoach**



- Someone said that this meeting had been very long.
- Can the meetings be more interactive so we could move around more.
- Survey about bus services. Christine has been trying to get it in easy read.
- Meeting for Partnership Board members on the 17th September, Maple Centre.
- Healthwatch are doing a survey about how big changes in life affect your health.
- Healthwatch Summit is on 2nd October. It will be about Health Inequalities.
- **ACTION: Graham will send out the agenda before the meeting.**



10) When is the next LBPB Meeting



Date

Thursday 5th December 2024

Time

10.30–1pm

Venue

Zoom or The Maple Centre,
Huntingdon

Thank you all. Good bye!

